

The GUILD Compass Navigation Hub Service Menu & Program Description *(Non-Clinical Behavioral Health Navigation & Support Model)*

Program Purpose

The **GUILD Compass Navigation Hub** provides community-based behavioral health navigation, recovery support, and wellness-focused guidance for individuals experiencing mental health challenges, trauma, substance use recovery, or life instability.

This program is designed as a **non-clinical support model**, meaning it does not provide therapy or psychiatric treatment. Instead, it equips participants with the tools, guidance, and connections needed to successfully navigate behavioral health systems and strengthen overall wellbeing.

Through a structured and supportive approach, the GUILD Compass helps individuals move from instability to clarity, and from disconnection to coordinated care.

Relationship with Supportive Pathways

The GUILD Compass Navigation Hub operates in direct alignment with **Supportive Pathways**, the centralized intake and care coordination system.

Supportive Pathways provides:

- Intake and stabilization
- Case management and service planning
- Housing and basic needs support

Participants identified as needing behavioral health support are referred to the GUILD Compass for **specialized navigation, recovery support, and wellness services**.

This ensures:

- Coordinated care across programs
- Appropriate service matching
- Continuous participant support without fragmentation

Program Eligibility

Participants may engage in the GUILD Compass Navigation Hub if they are experiencing:

- Emotional distress or ongoing stress
- Trauma-related challenges
- Substance use recovery needs
- Life transitions or instability
- Social isolation or lack of support
- Barriers impacting mental or emotional wellbeing

All participants are informed that the program provides **non-clinical support services only** and does not replace licensed treatment providers.

Core Services

Behavioral Health Navigation

The GUILD Compass helps participants navigate complex behavioral health systems and access appropriate care.

Services include:

- Connecting participants to licensed therapists and clinics
- Assisting with appointment scheduling
- Providing guidance on insurance and eligibility
- Linking individuals to crisis services when necessary

This service ensures individuals are **not navigating systems alone** but are guided with clarity and support.

Recovery Support Services

Recovery services support individuals working toward or maintaining sobriety and personal stability.

Services include:

- Recovery mentorship and coaching
- Relapse prevention planning
- Goal setting and accountability
- Connection to recovery communities and supports

Support is provided by trained staff including credentialed and supervised recovery professionals.

Peer Support Programs

Peer support is grounded in lived experience and shared understanding.

Services include:

- One-on-one peer mentoring
- Wellness check-ins and support conversations
- Emotional support and encouragement
- Community-building activities

Peer engagement helps reduce isolation and strengthens **connection, trust, and motivation.**

Behavioral Health Wellness Groups

The GUILD Compass offers structured group experiences that promote education and support.

Topics may include:

- Stress management techniques
- Trauma awareness and understanding
- Emotional regulation skills
- Relapse prevention strategies
- Self-care and wellness practices

These groups are **educational and supportive**, not clinical therapy sessions.

Behavioral Health Education Workshops

Workshops provide practical tools to improve emotional wellbeing and life functioning.

Examples include:

- Understanding trauma and its impact
- Coping strategies for stress and anxiety
- Building healthy routines and habits
- Developing positive relationships
- Strengthening relapse prevention skills

Participants gain **knowledge they can apply in real-life situations.**

Behavioral Health Case Navigation

The GUILD Compass addresses social and environmental factors that impact wellbeing.

Navigation support may include:

- Housing resource connections
- Referrals to workforce and employment programs
- Medical and healthcare referrals
- Assistance accessing benefits and services

This ensures participants receive **holistic support beyond behavioral health alone.**

Workforce Development & Training Pathways

The GUILD Compass also serves as a **training and workforce development environment** for individuals pursuing careers in behavioral health and recovery services.

Training opportunities may include:

CASAC-T Training Pathway

- Hands-on experience supporting recovery services
- Supervised skill development toward credentialing

Peer Recovery Specialist Training

- Training for individuals with lived experience
- Preparation for peer support roles

Behavioral Health Workforce Mentorship

- Exposure to service systems and program models
- Career pathway development in behavioral health fields

All trainees operate within a **non-clinical support role** and do not provide therapy.

Referral Network

The GUILD Compass maintains partnerships with licensed behavioral health providers to ensure participants can access clinical care when needed.

Referral partners may include:

- Outpatient mental health clinics
- Substance use treatment programs

- Hospitals and healthcare providers
- Crisis stabilization services
- Licensed therapists and specialists

Participants requiring clinical services are **appropriately referred and supported through the process.**

Crisis Protocol

While the GUILD Compass does not provide crisis intervention treatment, staff are trained to respond appropriately by connecting individuals to emergency resources.

In crisis situations, participants may be connected to:

- Crisis hotlines
- Mobile crisis teams
- Emergency departments
- Licensed behavioral health professionals

This ensures safety while maintaining the program's non-clinical scope.

Program Documentation

To ensure accountability and track outcomes, services may be documented through:

- Intake and enrollment records
- Service participation logs
- Recovery support notes
- Referral tracking and follow-up documentation

This allows for **performance monitoring and continuous improvement.**

Program Outcomes

The GUILD Compass Navigation Hub is designed to produce meaningful, measurable outcomes, including:

- Increased connection to licensed behavioral health care
- Improved recovery stability
- Enhanced emotional wellbeing

- Stronger support networks
- Greater access to critical resources

Participants leave with **direction, support, and the ability to navigate systems independently.**

Future Program Development

As G4G continues to grow, the GUILD Compass Navigation Hub may expand through:

- Strengthened partnerships with licensed providers
- Expanded recovery and wellness programming
- Increased funding for behavioral health initiatives
- Exploration of clinical service integration where appropriate

This ensures the program remains **scalable, responsive, and aligned with community needs.**

